

Connecting to the wisdom of the unfolding earth

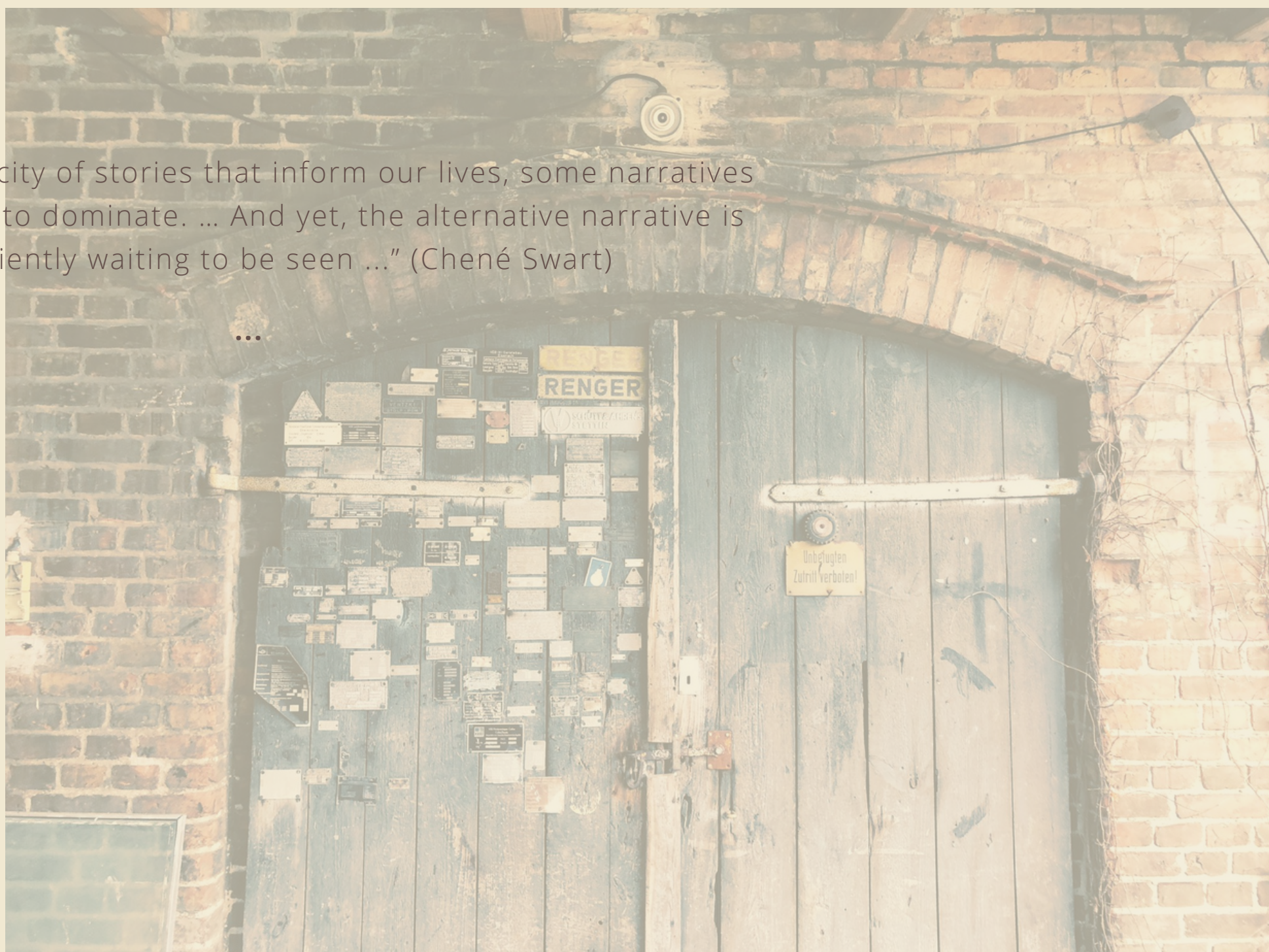
- and thereby nourishing our relationship with ourselves,
one another and nature -

In a time where (our) life on earth is increasingly challenged by our way of being and needed changes seem to be beyond individual scope and capacity we would like to invite you to pause for a moment.

For a moment of listening, of re-seeing and of re-connecting - to us, each other and the wisdoms we hold and are surrounded by.

Because we strongly believe that each of us has the power and intrinsic knowledge for changing the world. By changing our narratives. Or rather re-connecting us to those narratives that have been lost, predominated or too soft to be heard in recent decades. Those that hold dear our belonging and relationships and that are lush with stories of all the species of the world. And their wisdom.

“Within the multiplicity of stories that inform our lives, some narratives take over and start to dominate. ... And yet, the alternative narrative is always present, patiently waiting to be seen ...” (Chené Swart)



Therefore we would be thrilled to have you with us during those 2,5 days and our offer of cycles of movement, (indigenous) story listening and narrative work while being in and tapping into the presence and beauty of nature surrounding us.

What do we mean by...

Cycles of movement:

This will be a variety of loosely structured embodied practices that give space to your own somatic awareness - to stretch your capacity for complexity while at the same time helping you to ground.

(Indigenous) story listening:

Throughout our time together, we will be sharing indigenous stories: stories of creation, stories of nature, stories that tell us about the inter-being of all species. To re-member our belonging to this community and in order to realign us to its intrinsic wisdom.

Narrative work:

We will spend time on narrative work – the work on your narrative that is meant to help you find moments you want more of. They will be key to starting change and unfold their power the moment you decide to re-weave them into your fabric of life.

Some more details

- Time and duration: 23. – 25. April 2023
- If you would like to already arrive on Saturday afternoon, you are welcome to an early check-in (after 5 pm) and dinner in Stolzenhagen.
On the 23.04. we will start at 10 am and end on the 25.04. after lunch.
- Closing date for registration: 03.04.2023
- Language: German and English
- Budget:
 - 480,- Euro participants fee
 - 120,- Euro board (including dinner on Saturday 135,-)
 - 25,- Euro / night shared room // 35,- Euro / night single room

For more information and to register, please send an email to: [**retreat@posteo.de**](mailto:retreat@posteo.de)